



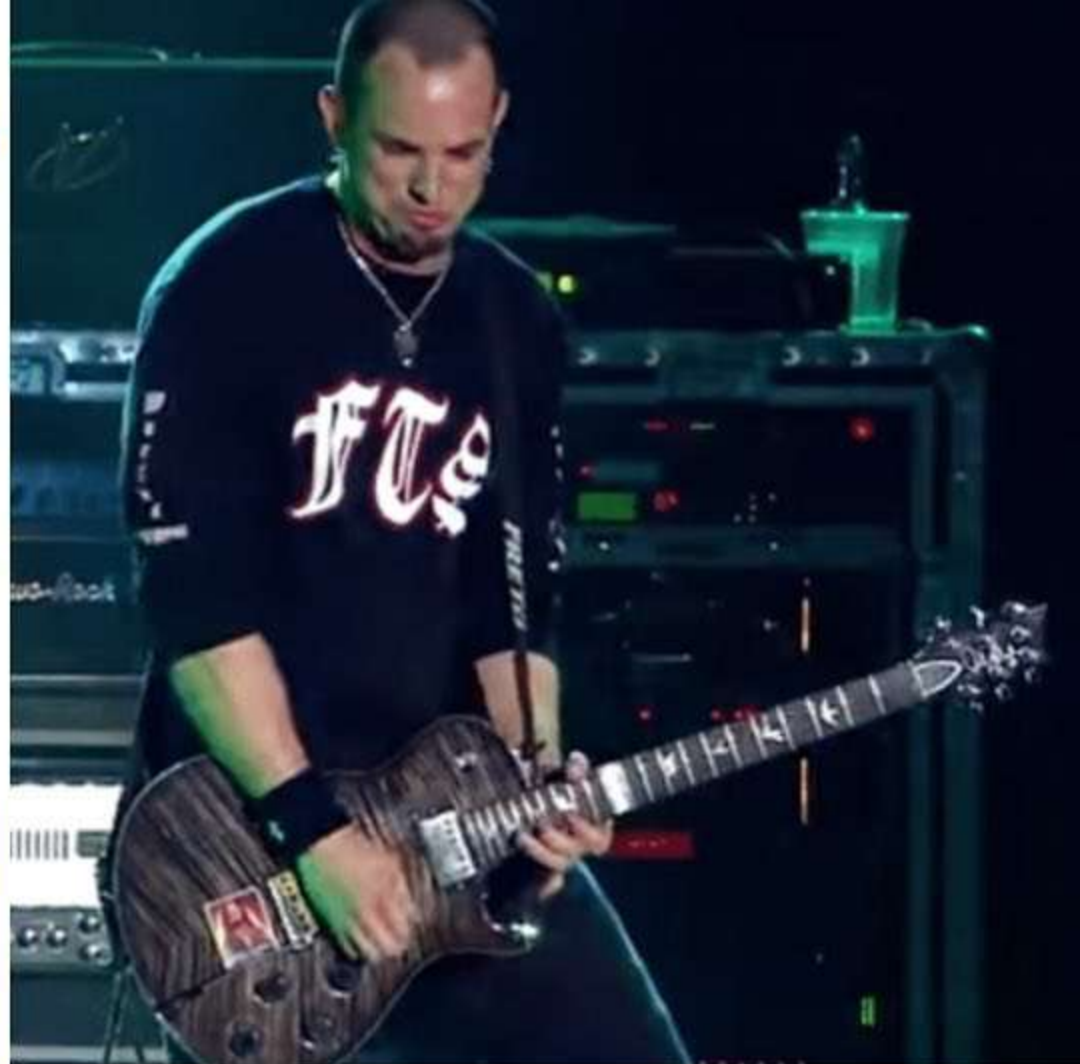
Thread



NeuroClastic

@NeuroClastic

People are fine with stimming & wonky facial expressions no matter how “weird” it looks when a guitar player is trying to get their left & right brains & bodies to work together to shred, but motor planning deficits make fixing a sandwich like a Hendrix solo for [#Autistic](#) people.





Thread



NeuroClastic

@NeuroClastic



When someone “looks autistic,” it’s that their mouth, jaw, chin, or tongue is doing something funny. We know a common structural difference in autistic minds is decreased lateralization (lower connectivity between left and right hemispheres of the brain).

The mouth is the only fully-moving part down the midline, & guitar players are stimulating with their mouths because getting the left & right hands to do different things at once is hard. Engaging movement of the mouth helps with lateralization between the left & right hemispheres.



@NeuroClastic · 1m

Do they “look autistic”? (Image is a screenshot of Google images for the search term, “guitar face”)





NeuroClastic



@NeuroClastic · 2m

They're just putting in the level of concentration that a guitarist is putting in when doing a solo. Look at Sylvester Stallone trying to use his mouth to literally direct his body to win this arm wrestling match in the movie, *Over the Top*.



1



Neurodivergent kids often have to stick out their tongue when using scissors, writing, or engaging other fine motor tasks. This is understandable if you get that they're putting in the same level of effort of dexterity as a spinal surgeon.





Thread



NeuroClastic

@NeuroClastic



The tongue, jaw, and mouth are like the backup maestro's wand directing your brain orchestra to get all those cortices to work together. It only seems "weird" to non-disabled people who can't see the need for that level of Herculean effort to do what is easy for most people.



@NeuroClastic



**DOES MY INTENSE FOCUS
MAKE ME LOOK AUTISTIC?**