



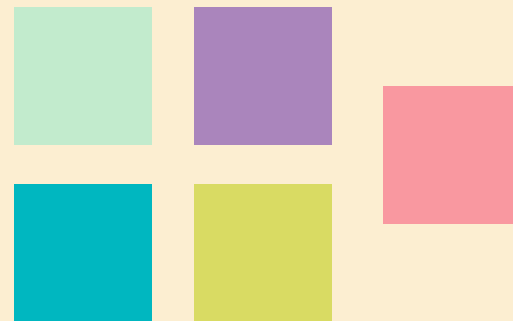
Does this make
my butt look
more autistic?

On Looking Autistic,
Part 3: Autistic Fashion

@NeuroClastic



FASHION
FASHION
FASHION



This slideshow is meant to be fun more than fact.
Autistic people do not have a dress code, but
there may be some clues in our style.





Layers

Because of chronic health issues and dyspraxia, autistic people may wear layers because their bodies do not regulate temperature well. Sensory issues related to hot and cold may also make layers ideal.

Layers also are ideal for people who like having the option to become invisible inside frumpy clothes to avoid attention. Layers are like introversion on demand.



Cosplay

When your passions are so integral to who you are as a person that they literally become your identity, then it's only natural that you dress the part.

Autistic people may really love cosplay, and many autistic people become extremely skilled makeup artists and/or designers to pursue their interests.

Cosplay may be an extension of a love of a certain historical era, comic book series, or theatre.



Extra

An Autistic person may dress in a way that is in line with norms, but extra. They have better brands, crisper ironing, or more coordinated accessories.

It is as if they have observed the customs of the people with the eyes of a cultural anthropologist and the mind of a statistician and have become method actors emulating the normals with scientific precision... because they have. That's exactly what happened.



Multiseasonal

For sensory reasons, autistic people may dress in a way that only partially matches the season.

Many autistic people cannot handle socks, close-toed shoes, coats, bulky or heavy fabrics, long sleeves, or collars that touch the neck.

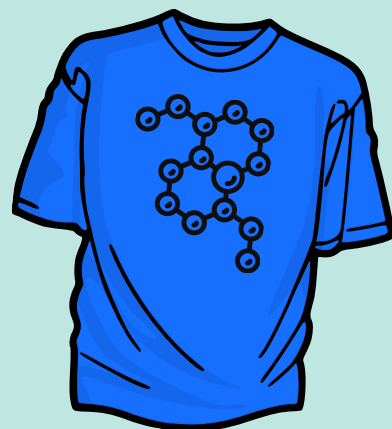
Others can't handle the feeling of wind on their skin or simply having exposed skin or light fabrics. Many Autistics have sun sensitivity.



Eccentric

Due to being less driven to assimilate into cultural, class, race, geographic, religious, gender, age, or professional norms, Autistic people may wear their hair, make-up, facial hair, jewelry, etc. however they want.

Their style may be far more culturally traditional than peers. It may be far more colorful and bold. An autistic person's style may seem from another era, maybe more futuristic and avant guard or Victorian and steampunk.



SpInterested

Autistic people may use their bodies to signpost as a way to signal other Neurokin. Tattoos, shirts, and accessories may give practical knowledge for everyone else who is hypervigilant.

Should anyone need a medic, electrician, plumber, firefighter, or even a mariner, the autistic people in the space will have made note of the subtle signposts and know who can help. It can also be a way to find out who else in an environment has the same arcane knowledge.



Pragmatic

Aside from layers, autistic people may find other ways to increase their portable preparedness for any possible scenario. Pockets, backpacks, totes, and cargo pants increase the amount of gear an autistic person can port around.

They may have first aid items, tools, art and hobby supplies, several pieces of tech, an EpiPen, a lanyard with a multitool on it, ear defenders, chapstick, snacks, a cool rock, three stim toys, a field guide for something obscure, and candy.



Queer

Autistic people are far more likely to be queer than non-autistic people. Even autistic people who are cisgender or heterosexual may ignore gendered social norms and dress with whatever they like.

Reliable

Some autistics may approach getting dressed like they are wearing a uniform, wearing a similar style every day. If a shirt meets all sensory and budget requirements, an autistic may buy one in every color or several of one color.