



# READING BODY LANGUAGE

**WHAT ARE AUTISTICS SEEING  
COMPARED TO NON-AUTISTICS?**

---

**@NeuroClastic**



**NeuroClastic**  
@NeuroClastic

Let's  
try it

Theory: [#ActuallyAutistic](#) people read faces and body language to look for and respond to how the other people are processing their thoughts. Non-autistic people are looking for social and emotional communication. This is how we mistranslate each other.

Does this ring true to you?



5:53 PM · 11/16/21 · [Twitter for iPhone](#)

# Which is more your reaction?

1. The following slides feature images with one or two people in them and a question at the top.
2. The questions offer two different ways that a person might look at body language. While they may not be exactly your interpretation, which is closest?
3. You will likely understand both to be true, but which is more natural to your instincts?
4. Let us know in the comments if you are autistic, non-autistic, or a #NeuroLurker (unsure/exploring) and how you answered.

**Check out our site at**  
[NeuroClastic.com](http://NeuroClastic.com)

When you see this, do you feel like the man in this image is attempting to communicate frustration, grief, or remorse? Or do you feel like he is processing difficult emotions?



**@NeuroClastic**

When you see this, do you feel like the person with the beard is communicating love and affection, or are you thinking more about the way he is closing his eyes to block out visual stimuli so he can feel more of the raw joy he gets from touching a person he loves?

**@NeuroClastic**



When you see this, do you feel like the person in this image is maybe being playful and flirty, or do you feel like they're processing a future scenario and imagining a bit of playful mischief?



**@NeuroClastic**

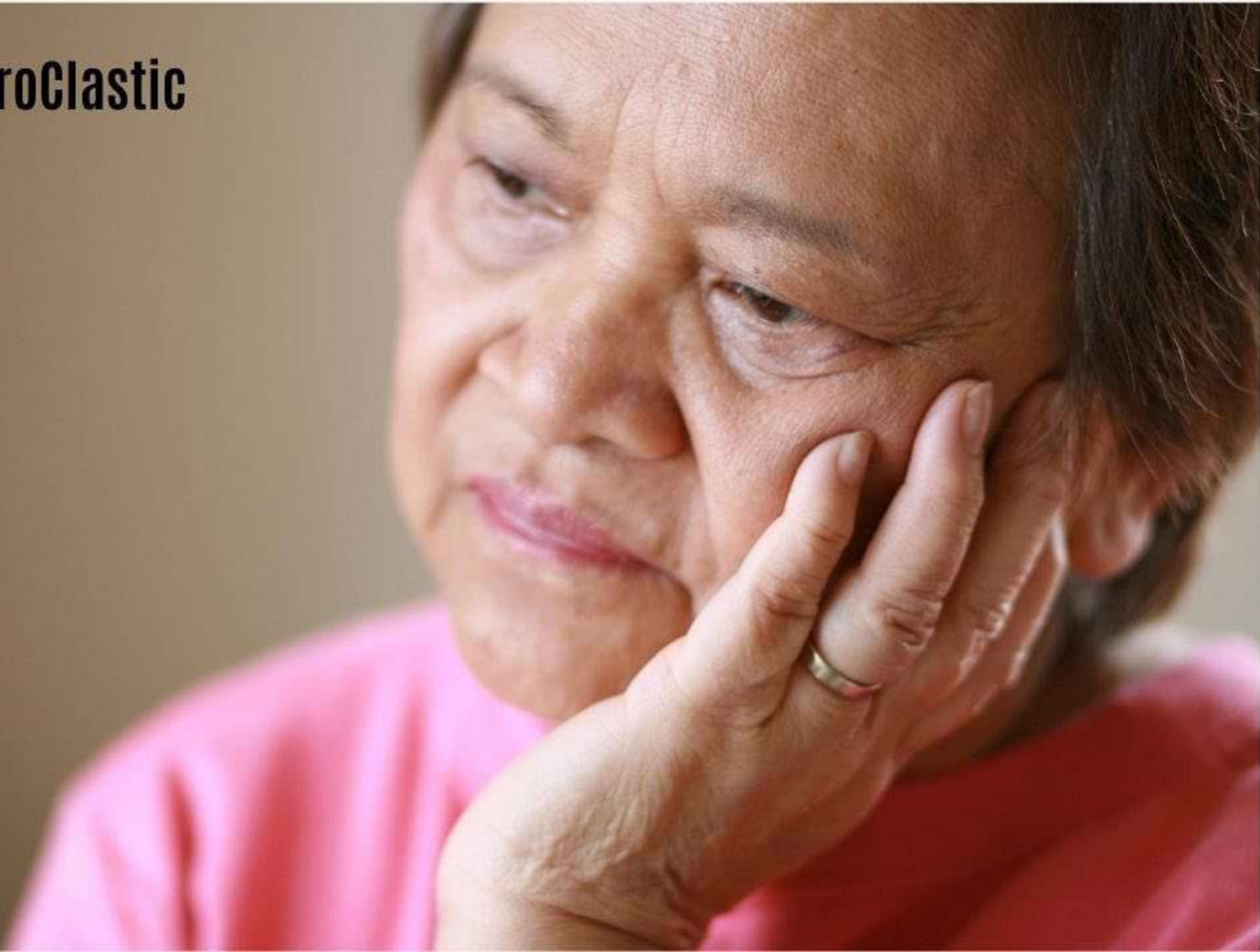
When you see this, do you feel like the person is feeling joyful and excited, or do you feel like they are maximizing their sensory joy by plugging one ear and holding one hand up as if to waft the atmospheric joy into their brain?

**@NeuroClastic**



When you see this, do you feel like the woman in the image is sad or feeling grief, or do you imagine she is scrolling through painful memories or replaying a difficult experience?

**@NeuroClastic**





When you see this, do you feel like the person in this image is feeling afraid or anxious? Or do you feel like they are trying to process a memory or imagine a future scenario?



**@NeuroClastic**

When you see this, do you feel like the woman is communicating attraction and she's having a good time? Or do notice that she is moving her arm away as he applies slightly too much pressure, that her eyes looking down to avoid his unwelcomed closeness, her eyebrows are not raised, there is tension in her face, and that her smile is a mask?



@NeuroClastic